

# District Safeguarding Conference 2021

## THE CHURCH AND MENTAL HEALTH

09:30 - Introduction & Welcome	Revd Kate Strange
09:45 - Event Launch	Allan Breeton
09:50 - Keynote address	Revd Susan McIvor, DSO
10:00 - Insights into mental health: Mental and Spiritual Distress in a Pandemic Is the opposite of depression happiness: A lived experience of bipolar Small talk saves lives – The Samaritans Living with depression and anxiety	Graham Fawcett  Richard Chester Clive & Mary Teale Gary "Eagle" Eagling Revd Phil Jackson
10:40 – BREAK	
10:50 – Reflection groups	
11:15 - N&D Mental Health Manifesto	Rebecca Byass & Revd Kate Strange
11:25 – The Church and mental health: LGBTQI+: The Church and mental health Mental Health Chaplaincy The Church and Dementia: a carer's story Looking After Ourselves - 7 Top Tips	Luke Dowding & Andrea King Revd Kate Strange Bob Jones Rebecca Byass
11:55 – BREAK	
12:05 – Reflection groups	
12:30 – Closing remarks	Philip Holmes
12:40 – Closing prayer	Revd Gill Sharp



Nottingham and Derby  
Methodist District